

**MARWARI COLLEGE, RANCHI**  
(AN AUTONOMOUS UNIT OF RANCHI UNIVERSITY FROM 2009)



**DEPARTMENT OF PSYCHOLOGY**  
**COURSES OF STUDY FOR PSYCHOLOGY HONOURS**

**Number of Papers: 20**  
**(14 Theory papers & 6 Practical papers)**

**Full Marks: 1600**  
**Theory: 1200, Practical: 400**

**Number of Semesters: 6**

**B.A. Hons. Part - I: 400 Marks**  
**(Theory: 300, Practical: 100)**

**B.A. Hons. Part - II: 400 Marks**  
**(Theory: 300, Practical: 100)**

**B.A. Hons. Part - III: 800 Marks**  
**(Theory: 600, Practical: 200)**

PSYCHOLOGY HONOURS

<b>DISTRIBUTIONS OF MARKS IN PSYCHOLOGY HONS.</b>											
ACADEMIC YEAR	SEMESTER	THEORY PAPER	FULL MARKS			PASS MARKS	DURATION	PRACTICAL PAPER	FULL MARKS	PASS MARKS	DURATION
			MSE	ESE	TOTAL						
FIRST YEAR	I	1	25	50	75	34	3 HRS.	3	50	23	4 HRS.
		2	25	50	75	34	3 HRS.				
	II	4	25	50	75	34	3 HRS.	6	50	23	4 HRS.
		5	25	50	75	34	3 HRS.				

<b>DISTRIBUTIONS OF MARKS IN PSYCHOLOGY HONS.</b>											
ACADEMIC YEAR	SEMESTER	THEORY PAPER	FULL MARKS			PASS MARKS	DURATION	PRACTICAL PAPER	FULL MARKS	PASS MARKS	DURATION
			MSE	ESE	TOTAL						
SECOND YEAR	III	7	25	50	75	34	3 HRS.	9	50	23	4 HRS.
		8	25	50	75	34	3 HRS.				
	IV	10	25	50	75	34	3 HRS.	12	50	23	4 HRS.
		11	25	50	75	34	3 HRS.				

<b>DISTRIBUTIONS OF MARKS IN PSYCHOLOGY HONS.</b>											
ACADEMIC YEAR	SEMESTER	THEORY PAPER	FULL MARKS			PASS MARKS	DURATION	PRACTICAL PAPER	FULL MARKS	PASS MARKS	DURATION
			MSE	ESE	TOTAL						
THIRD YEAR	V	13	30	70	100	45	3 HRS.	16	100	45	6 HRS.
		14	30	70	100	45	3 HRS.				
		15	30	70	100	45	3 HRS.				
	VI	17	30	70	100	45	3 HRS.	20	100	45	6 HRS.
		18	30	70	100	45	3 HRS.				
		19	30	70	100	45	3 HRS.				

## Part - I

### SEMESTER – I

#### Paper – 1 (25 classes)

F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.

P. M.: 34

#### Instructions to Question Setter & Examinee

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

#### FUNDAMENTALS OF PSYCHOLOGY

##### UNIT - I      INTRODUCTION      (5)

Nature and Scope of Psychology , Goals of Psychology. Historical Development of Psychology as a Science, Theoretical and Applied Psychology. Role of Psychology in Society.

Methods of Psychology - Observation, Experiment, Self report Techniques : Questionnaire & Interview.

##### UNIT - II      BIOLOGICAL FOUNDATIONS OF BEHAVIOUR      (5)

Neuron - Type, Structure & Functions : Nerve Impulse, Synapse, Neurotransmitter and Neuromodulator. Central and Peripheral, Nervous System, Cerebral Cortex, Structure and Functions of Brain Cerebral Hemispheres. The Spinal Cord - Structure and Functions.

##### UNIT - III      DEVELOPMENT OF HUMAN BEHAVIOUR      (5)

Heredity and Environment : Meaning, Basic Genetic Principles, Interaction of Heredity and Environment, Effect of Environmental Deprivation, Role of Child Rearing Practices in the Development of Individual.

##### UNIT - IV      INTELLIGENCE      (5)

Concept of Intelligence, factor theories, Genetic and environmental influences, Intelligence Tests, interpretation.

##### UNIT - V      SENSATION AND PERCEPTION      (5)

Sensation - Definition, Attributes of Sensation.

Perception - Meaning the Perceptual Process. Depth Perception, Constancy and Movement, perceptual defense. Perceptual Organization, Correlates of Perception-Needs and Motives, Set and Values.

#### BOOKS RECOMMENDED

#      **Advanced General Psychology** *By Arun Kr. Singh*

#      **General Psychology** *By Azimur Rahman.*

## **Part- I**

### **SEMESTER – I**

#### **Paper – 2 (25 classes)**

**F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.**

**P. M.: 34**

#### **Instructions to Question Setter & Examinee**

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

#### **BASIC PSYCHOLOGICAL PROCESS**

##### **UNIT - I      LEARNING      (5)**

Nature of Learning, Role of Motivation in Learning, Theories of Learning – Thorndike's theory of Connectionism, Hull's Theory, Guthrie's Theory of Learning. Pavlov's Conditioning theory.

##### **UNIT - II      MEMORY      (5)**

Meaning and Components of Memory - Encoding, Storage and Retrieval, Types of Memory: Sensory, STM, LTM, Contribution of Ebbinghaus & Bartlett, Factors affecting Memory. Forgetting-Causes, Retroactive Inhibition (RAI), Selective Forgetting

##### **UNIT - III      THINKING, PROBLEM SOLVING AND CONCEPT FORMATION      (5)**

Nature of Thinking, Types of Thinking, Role of Language and Set in Thinking, Trial and Error in Thinking, Creative Thinking. Nature of Problem Solving, Strategies of Problem Solving, Factors Influencing Problem Solving. Nature and Importance of Concepts, Types of Concepts.

##### **UNIT - IV      MOTIVATION      (5)**

Meaning and Nature of Motivation, Need-drive – Incentive Cycle, Kinds of Motives, The Achievement Motivation, Effect of Achievement Motivation on the Individual and the Society. Measurement of Animal Drives, Measurement of Human Motivation.

##### **UNIT - V      PERSONALITY      (5)**

Definition, Determinants of Personality. Personality Measurement - Behaviour Studies, Self Report Technique and Projective Technique.

#### **BOOKS RECOMMENDED**

#      **Advanced General Psychology** By Arun Kr. Singh

#      **General Psychology** By Ajimur Rahman

#      **Introduction to Psychology** By Norman L. Munn

## **Part- I**

### **SEMESTER – I**

#### **Paper – 3 (Practical) (15 classes)**

**F.M.: 50 (Ext.-20, Stat.-20, NB-10)**

**Time: 4 Hrs.**

**P. M.: 23**

#### **Instructions to Question Setter & Examinee**

The examinees shall be required to answer two questions one from each group out of four (2+2) set by the examiners at the centre of Examination.

#### **GROUP - A**

##### **EXPERIMENTS:**

**(7)**

Verbal Learning (Simple, Serial & Paired); massed vrs. Distributed method; Whole Vrs. Part Method.

#### **GROUP - B**

##### **STATISTICS:**

1. Grouping of Data - Class Intervals and Frequency distribution
2. Graphical presentation of data – Frequency Polygon and Histogram

##### **BOOKS RECOMMENDED:**

**(8)**

1. Experiments in Psychology – Mohsin, S.M.
2. Manovaigyanic Prayog Aur Parikshan – Suleman, M.

## **Part -I**

### **SEMESTER – II**

#### **Paper – 4 (25 classes)**

**F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.**

**P. M.: 34**

#### ***Instructions to Question Setter & Examinee***

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

### **RESEARCH METHODS - I**

#### **UNIT - I      SCIENCE AND PSYCHOLOGICAL RESEARCH      (5)**

Basic assumptions of Science, Characteristics of Scientific Method, Essential Elements in Scientific Method, Nature of Psychological Research, Scope of Psychological Research, Importance of Psychological Research.

#### **UNIT - II      MAJOR STAGES OF RESEARCH IN PSYCHOLOGY      (5)**

Selection of Problem, Review of Literature, Selection of Method, Formulation of Hypothesis, Selection of Tools, Pilot Study & Pre Testing. Sample Design/Stratification of Sample, Collection of Data, Coding and analysis of data, writing of research report.

#### **UNIT - III      OBSERVATION      (5)**

Meaning of Observation, Types – Controlled & Uncontrolled, their relative uses and limitation. Participant Observation – Merits and Demerits, Bias in Observation, Method of Improving Observation.

#### **UNIT - IV      EXPERIMENT      (5)**

Characteristics of Experiment, Planning and Conduct of Experiment, Advantages and limitations of Experiment, Laboratory and Field Experiment, Variables in Experiment – Independent, Controlled and Dependent Variables.

#### **UNIT - V      EXPERIMENTAL DESIGN      (5)**

Meaning, Purpose and Importance of Experimental Design, Types of Experimental Design - Within groups and Between group Designs. Pretest and Post Test Design.

#### **BOOKS RECOMMENDED:**

1. Psychological Testing – Anastasi, A.
2. Theory & Practice of Psychological Testing – Freeman, F.S.

## **Part - I**

### **SEMESTER – II**

#### **Paper – 5 (25 classes)**

**F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.**

**P. M.: 34**

#### **Instructions to Question Setter & Examinee**

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

#### **EDUCATIONAL PSYCHOLOGY**

##### **UNIT – I NATURE, SCOPE AND METHODS OF EDUCATIONAL PSYCHOLOGY (5)**

Definition of Educational Psychology, Subject-matter of Educational Psychology, Purpose of Educational Psychology, Methods of Educational Psychology.

##### **UNIT – II NEED FOR A PSYCHOLOGICAL FOUNDATION OF EDUCATION (5)**

Aims of Education, Role of Psychology in education, Problems and Scope of Educational Psychology, The new outlook in education.

##### **UNIT - III INFANCY AND EDUCATION (5)**

Importance, Physical Development during Infancy, Mental Development during Infancy, Infancy and Education.

##### **UNIT - IV CHILDHOOD AND EDUCATION (5)**

Physical Development, Mental Development, Emotional Development, Educational Implications of Childhood.

##### **UNIT - V ADOLESCENCE AND EDUCATION (5)**

Physical Development, Mental Development, Adolescence and Education.

#### **BOOKS RECOMMENDED**

# **Educational Psychology** By Dr. Arun Kr. Singh

# **Educational Psychology** By Dr. S. P. Chaube

**Part - I**

**SEMESTER – II**

**Paper – 6 (Practical) (15 classes)**

**F.M.= 50 (Exp.-20, Stat.-20, NB-10)**

**Time: 4 Hrs.**

**P. M.: 23**

***Instructions to Question Setter & Examinee***

The examinees shall be required to answer two questions one from each group out of four (2+2) set by the examiners at the centre of Examination.

**GROUP - A**

**PRACTICAL**

**(7)**

1. Sensory Motor Learning
  - a. Effect of Practice
  - b. Bilateral Transfer
  - c. Habit Interference
2. Retro Active Inhibition

**GROUP - B**

**STATISTICS**

**(8)**

1. Measures of central tendency: Mean, median and mode.

**BOOKS RECOMMENDED:**

1. Experiments in Psychology – Mohsin, S.M.
2. Manovaigyanic Prayog Aur Parikshan – Suleman, M.



## Part - II

### SEMESTER – III

#### Paper – 7 (25 classes)

F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.

P. M.: 34

#### Instructions to Question Setter & Examinee

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

#### PHILOSOPHY OF PSYCHOLOGY

- UNIT - I      STRUCTURALISM      (5)**  
Antecedents of Structuralism – Views of Wundt and Titchener, Basic Postulates, Mind-body relationship, Merits and Limitations of Structuralism.
- UNIT - II      BEHAVIOURISM      (5)**  
Antecedents of Behaviourism, Watsonian Behaviourism as a System, Criticism of Watsonian Behaviourism, Differences Between Structuralism and Behaviourism.
- UNIT - III      GESTALT PSYCHOLOGY      (5)**  
Foundation of Gestalt Psychology, Experimental Contribution of Gestalt Psychology, Criticism of Gestalt Psychology, Present Status of Gestalt Psychology.
- UNIT - IV      INDIVIDUALS      (5)**  
a. Weber  
b. Fechner
- UNIT - V      INDIVIDUALS      (5)**  
a. Ebbighaus  
b. Galton

#### **BOOKS RECOMMENDED**

- # **Contemporary School of Psychology** By Wood Worth, R. S.
- # **Seven Psychologies** By Heidbreder
- # **A History of Experimental Psychology** By Boring, E. G.
- # **Menovigyan Ka Sanchipt Itihas** By Azimur Rahman & Jawed Ashraf
- # **The History and Systems of Psychology** By Arun Kr. Singh & Ashish Kr. Singh

## Part - II

### SEMESTER – III

#### Paper – 8 (25 classes)

F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.

P. M.: 34

#### **Instructions to Question Setter & Examinee**

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

#### **SOCIAL PSYCHOLOGY**

#### **UNIT - I      INTRODUCTION      (5)**

Definition, Subject Matter and Scope of Social Psychology, Utility of Social Psychology, Status of Social Psychology in India.

Methods : Experimental Method - Merits and Limitations, Observation Method - Merits and Limitations.

#### **UNIT - II      SOCIAL TENSION      (5)**

Meaning of Social Tension, Effects of Social Tension causes of Social Tension, Measures for Reducing Social Tension.

#### **UNIT - III      SOCIAL & SELF PERCEPTION      (5)**

Meaning and Nature of Social Perception, Meaning and Nature of Person Perception, Role of Non-verbal Cues in Person Perception

#### **UNIT - IV      ATTITUDES      (5)**

Nature and Function of Attitude, Attitude and Belief, Formation and Change of Attitude measurement: Thurstone and Likert Scaling Methods, Steps Involved in Constructions of Likert and Thurstone Scales, Merits and Limitations.

#### **UNIT - V      SOCIAL PROBLEMS      (5)**

Meaning, Types, Development of Social Problems, Meaning & Causes of Poverty, Measures for Alleviating Poverty. Population Explosion, Causes of Population growth Measures for Controlling Population Growth

#### **BOOKS RECOMMENDED**

- # Social Psychology, By Baron, R.A. & Byrne, D (1988) New Delhi Prentice Hall
- # Exploring Social Psychology, By Myers, Devid, G (1998) New-York McGraw Hill
- # An Outline of Social Psychology By Arun Kr. Singh
- # Adhunik Samaj Manovigyan By Md. Sulaiman

## **Part- II**

### **SEMESTER – III**

#### **Paper – 9 (Practical) (15 classes)**

**F.M.: 50 (Exp.-20, Stat.-20, NB-10)      Time: 4 Hrs.      P. M.: 23**

The examinees shall be required to answer two questions one from each Group out of four (2+2) set by the examiners at the centre of Examination.

#### **GROUP - A**

##### **INTELLIGENCE TEST**

**(7)**

- a. Mohsin's Test of General Intelligence (G.I.T.)
- b. Alexander's Battery of Performance Test  
(Pass Along, Block Design, Cube Constructional Test)

#### **GROUP - B**

##### **STATISTICS:**

**(8)**

##### **1. Measures of Variability**

- a. Average Deviation
- b. Quartile Deviation
- c. Standard Deviation
- d. Percentile

#### **BOOKS RECOMMENDED:**

1. Experiments in Psychology – Mohsin, S.M.
2. Manovaigyanic Prayog Aur Parikshan – Suleman, M.

## Part - II

### SEMESTER – IV

#### Paper – 10 (25 classes)

F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.

P. M.: 34

#### Instructions to Question Setter & Examinee

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

#### RESEARCH METHODS - II

##### **UNIT - I      INTERVIEW      (5)**

Nature and Characteristics, Types of Interview – Structured and Unstructured. Kinds of unstructured Interview - Focussed, Directive, Non-Directive and Depth Interview. Sources of error in Interview, Methods of Improving Interview.

##### **UNIT - II      QUESTIONNAIRE      (5)**

Definition and nature, uses and abuses of Questionnaire. Types of Questionnaire - Structured and unstructured, Merits and Limitations, Characteristics of good Questionnaire.

##### **UNIT - III      SAMPLING      (5)**

Basic Idea of Sampling, Pre-requisites of a Good Sample, Uses and Limitations of Sampling, Types of Sampling – Probability and Non-Probability. Types of Sample Design – Random, Stratified Random, Quota and Purposive Sampling.

##### **UNIT - IV      SCALING METHODS      (5)**

General Procedures in Scaling. Methods of Attitude Scaling - Summated ratings. Equal appearing intervals and Guttman scalogram analysis-merits and Limitations.

##### **UNIT - V      INTER-DISCIPLINARY RESEARCH      (5)**

Meaning, Nature and Characteristics, Need for Interdisciplinary Research, Merits and Limitations. Requisites for Inter-Disciplinary Research.

#### **Books recommended:**

1. Foundations of Behavioral Research – Kerlinger, F.N.
2. Survey methods in Social Investigation – Moser, C. and Kalton, G.
3.  $\text{euksfoKku lekt'kkL} = \text{rFkk f'k}\{\text{kk esa 'kks/k fof/k;kj \& v:.k dqekj flag}$
4.  $\text{'kks/k iz.kkyh foKku \& eks0 lqyseku}$

## Part - II

### SEMESTER – IV

#### Paper – 11 (25 classes)

F.M.:25 (MSE) + 50 (ESE) = 75      Time: 3 Hrs.

P. M.: 34

#### Instructions to Question Setter & Examinee

Altogether ten questions will be asked taking two from each unit. The examinees shall be required to answer any five questions. English/Hindi versions of questions will be given.

#### EDUCATIONAL PSYCHOLOGY - II

#### **UNIT - I      PLAY AND EDUCATION      (5)**

Play, Play and Work, Theories of Play – Surplus Energy Theory, Recreative Theory, Anticipatory or Practice Theory, Recapitulation Theory, Cathartic Theory. Constructive Play, Play and Education.

#### **UNIT - II      EDUCATION AND CHARACTER DEVELOPMENT      (5)**

Meaning of Character, Development of Character, The Place of Will in the Development of Character, The Place of Moral Instruction in Development of Character, The Place of Suggestion in the Development of Character, The Place of Love and Affection in the Development of Character, The Place of Punishment in Character Development.

#### **UNIT - III      THEORIES OF TEACHING      (5)**

Theories of Teaching. 1. The Formal Theory of Teaching, 2. The Descriptive Theory of Teaching, 3. The Normative Theory of Teaching.

#### **UNIT - IV      PROGRAMMED LEARNING      (5)**

The Nature of Programmed Learning, The Objectives of Programmed Learning, Kinds of Programmes, Merits and Limitations of Programmed Learning.

#### **UNIT - V      CREATIVITY AND EDUCATION      (5)**

Nature and Definition of Creativity, Importance of Creativity in Education, Methods for Promoting creativity in Children, Tests of Creativity.

#### **BOOKS RECOMMENDED**

1. Educational Psychology By Dr. Arun Kr. Singh
2. Educational Psychology By Dr. S. P. Chaube
3. Educational Psychology By Dr. S. P. Chaube & Dr. S. P. Chaube

## Part - II

### SEMESTER – IV

#### Paper – 12 (Practical) (15 classes)

F.M.: 50 (Exp.-20, Stat.-20, N.B.-10)

Time: 4 Hrs.

P. M.: 23

#### ***Instructions to Question Setter & Examinee***

The examinees shall be required to answer two questions are from each group out of four (2+2) set by the examiners at the centre of Examination.

#### **GROUP - A**

##### **PERSONALITY TESTS:**

**(7)**

- a. Maudseley Personality Inventory (MPI)
- b. Word Association Test (WAT)
- c. Rorschach's Test (IBT)

#### **GROUP-B**

##### **STATISTICS CORRELATION**

**(8)**

- a. Pearson Product Moment Method
- b. Rank Difference Method

#### **BOOKS RECOMMENDED:**

1. Experiments in Psychology – Mohsin, S.M.
2. Manovaigyanic Prayog Aur Parikshan – Suleman, M.

## Part - III

### SEMESTER – V

#### Paper – 13 (25 classes)

F.M.: 30 (MSE) + 70 (ESE) = 100 Time: 3 Hrs.

P. M.: 45

#### ***Instructions to Question Setter & Examinee***

Ten questions, one from each unit shall be set and the examinees shall be required to answer any five questions. Hindi version of questions to be given.

#### **PSYCHOPATHOLOGY**

- UNIT - I INTRODUCTION OF PSYCHOPATHOLOGY (3)**  
The concept of normality and abnormality. Definition of Psychopathology, scope of Psychopathology
- UNIT - II SIGNS AND SYMPTOMS OF MENTAL ILLNESS (3)**  
Delusion, Hallucination, Obsession and Compulsion.
- UNIT - III PSYCHOLOGICAL MODELS OF PSYCHOPATHOLOGY (3)**  
Psychodynamic, Behavioural, Cognitive Behavioural and Existential
- UNIT - IV PSYCHOLOGICAL MODELS OF PSYCHOPATHOLOGICAL MEASUREMENT (2)**  
Diagnostic tests: Rating scales, History taking interview.
- UNIT - V ANXIETY DISORDERS (3)**  
Panic disorder and Phobia Agoraphobia, Specific Phobias, Social Phobia. Obsessive Compulsive disorder.
- UNIT - VI SOMATOFORM DISORDERS (2)**  
Dissociative disorders
- UNIT - VII MOOD DISORDERS (2)**  
Manic episode, Depressive episode, Bipolar affective disorder, Dysthymia.
- UNIT - VIII SCHIZOPHRENIA (2)**  
Nature, type, symptom and etiology.
- UNIT - IX PERSONALITY DISORDERS (2)**  
Paranoid, Schizoid, Dissociative, Impulsive, Anxious.
- UNIT - X STRESS DISORDERS (3)**  
Stress due to natural calamities like earthquake, storm and life events. Examination stress.

#### **BOOKS RECOMMENDED:**

1. Psychopathology – Buss, A.H.
2. The Disorganised Personality – Kisker, G.W.
3. Introduction to Psychopathology – Lamm, A.
4. Introduction to Psychopathology - Bham Singh.
5. Introduction to Psychopathology - Arun Kumar Singh.

## Part - III

### SEMESTER – V

#### Paper – 14 (25 classes)

F.M.: 30 (MSE) + 70 (ESE) = 100 Time: 3 Hrs.

P. M.: 45

#### Instructions to Question Setter & Examinee

Ten questions, one from each unit shall be set and the examinees shall be required to answer any five questions. Hindi version of questions shall be given.

#### PSYCHOLOGY AND SOCIAL ISSUES

##### **UNIT - I NATURE OF SOCIAL ISSUES (3)**

Social psychology and social issues: Basic Vs. Applied Science, Increasing role of Social Psychology in Social Problems.

##### **UNIT - II SOCIAL PSYCHOLOGICAL UNDERSTANDING OF SOCIAL SYSTEMS (3)**

Indian Family System : Social stratification, Caste, Class power, Social identities, Religious ethics.

##### **UNIT - III SOCIAL INEQUALITY, POVERTY AND DEPRIVATION (3)**

Social psychological analysis of deprivation, Sources and Consequences of Deprivation. Poverty – Causes and consequences of poverty.

##### **UNIT - IV ENVIRONMENTAL ISSUES (3)**

Explanations of crowding, Consequences of crowding impact, Air, noise and water-pollution on individual.

##### **UNIT - V LEADERSHIP (2)**

Definition, emergence of leadership, Functions and types of leadership.

##### **UNIT - VI ANTI-SOCIAL BEHAVIOUR (2)**

Corruption and other forms of Anti-Social behaviours.

##### **UNIT - VII IMPACT OF IT AND COMMUNICATION TECHNOLOGY ON SOCIAL BEHAVIOUR (2)**

##### **UNIT - VIII VIOLENCE (2)**

Nature of Categories of Violence, Domestic violence and Rape

##### **UNIT - IX SOCIAL JUSTICE ISSUES (3)**

The concept of Social Justice and injustice, Reactions to injustice, social interventions to remove injustice.

##### **UNIT - X ISSUES OF HUMAN AND SOCIAL DEVELOPMENT AND QUALITY OF LIFE (2)**

#### **BOOKS RECOMMENDED:**

1. Poverty, Class and Health Culture in India – Banerjee, D.
2. Samajik Samasyaein (II ed.) – Ahuja, Ram.
3. An Outline of Social Psychology – Arun Kumar Singh



## Part - III

### SEMESTER – V

#### Paper – 15 (25 classes)

F.M.: 30 (MSE) + 70 (ESE) = 100 Time: 3 Hrs.

P. M.: 45

#### Instructions to Question Setter & Examinee

Ten questions, one from each unit shall be set and the examinees shall be required to answer any five questions. Hindi version of questions to be given.

#### ORGANIZATIONAL BEHAVIOUR

- UNIT - I HISTORICAL CONTEXT OF ORGANIZATIONAL BEHAVIOUR (3)**  
Definition of Organizational behaviour, Contributions of Taylor, Challenges and scope for organizational behaviour.
- UNIT - II PERSPECTIVES FOR UNDERSTANDING ORGANIZATIONAL BEHAVIOUR (2)**  
Human-relations perspectives, Socio-technical approach.
- UNIT - III PERSON IN THE ORGANIZATION (2)**  
Major personality attributes affecting organizational behaviour, Matching personality and job.
- UNIT - IV THE INDIVIDUAL AND ORGANIZATION (3)**  
Values, attitudes and job satisfaction, Determinants of job satisfaction, Importance of values, sources of values.
- UNIT - V THE INDIVIDUAL IN THE ORGANIZATION (3)**  
Concept of Motivation, Need hierarchy theory, Skill involved in motivating workers, Employee involvement programmes.
- UNIT - VI THE GROUPS IN ORGANIZATION (3)**  
Conditions affecting group functioning: Organizational structure, authority systems, performance evaluation and reward systems, Skill involved in managing groups.
- UNIT - VII PHYSICAL ENVIRONMENT AT WORK (2)**  
Effects of illumination, temperature and noise on efficiency and output.
- UNIT - VIII ACCIDENTS (2)**  
Causes : Accident proneness, Prevention of accident.
- UNIT - XI FATIGUE AND MONOTONY (2)**  
Nature, Differences between fatigue and monotony, Causes of fatigue and monotony, Methods of reducing fatigue and monotony.
- UNIT - X CONFLICT NEGOTIATION AND STRESS IN ORGANIZATION (3)**  
Nature, sources and techniques of managing conflict in organization, Negotiation strategies. Work Stress : Sources and techniques in managing stress, Skills involved in managing stress.

#### **BOOKS RECOMMENDED;**

1. Organizational Behavior: Concepts, Controversies and Applications – Robin, S.P.
2. Udyog Evam Sangathan Manokiyam – Kochur, D.C.

**Part - III**

**SEMESTER – V**

**Paper – 16 (Practical) (25 classes)**

**F.M.: 100 (Exp.-40x2, NB-20)**

**Time: 6 Hrs.**

**P. M.: 45**

**Instructions to Question Setter & Examinee**

Four questions shall be set by the examiners at the centre of examination and the examinees shall be required to answer any two question.

**UNIT - I      MENTAL WORK AND FATIGUE      (3)**

Effects of rest pause and fatigue

**UNIT - II      PSYCHOPHYSICAL METHODS      (3)**

Determination of Differential Limen (DL) by the methods of limit and constant stimuli for visual length and lifted weights.

**UNIT - III      REACTION TIME      (3)**

Simple vs. complex reaction time; Effect of set.

**UNIT - IV      ATTENTION      (3)**

Experiments on span and distraction of attention.

**UNIT - V      RETROACTIVE INHIBITION      (3)**

- a) Effect of tampered location of interpolated activity.
- b) Effect of similarity between original and interpolated activity

**UNIT - VI      COLOUR PREFERENCES      (3)**

**UNIT - VII      KNOWLEDGE OF RESULT      (3)**

**UNIT - VIII      MULLER-LYER ILLUSION      (4)**

Measurement by methods of Average error and Limits

**BOOKS RECOMMENDED:**

1. Experiments in Psychology – Mohsin, S.M.
2. Manovagyanic Prayog Aur Parikshan – Suleman, M.

## Part - III

### SEMESTER – VI

#### Paper – 17 (25 classes)

F.M.: 30 (MSE) + 70 (ESE) = 100 Time: 3 Hrs.

P. M.: 45

#### Instructions to Question Setter & Examinee

Ten questions, one from each unit shall be set and the examinees shall be required to answer any five questions. Hindi version of questions to be given.

### CLINICAL PSYCHOLOGY

#### **UNIT - I NATURE OF CLINICAL PSYCHOLOGY (3)**

A brief historical review; Distinction between Clinical Psychology and Abnormal Psychology, Application of Clinical Psychology

#### **UNIT - II PERSPECTIVES OF CLINICAL PSYCHOLOGY. (3)**

Study of Groups and Society, Consulting room, Client and Clinician Amis and importance.

#### **UNIT – III THEORETICAL MODELS OF CLINICAL PSYCHOLOGY (3)**

Psychoanalytical Model, Professional Training and Research. Disease, Using Personal and Social Record. Cultural Model, Statistical model.

#### **UNIT - IV CLINICAL PROBLEMS (2)**

Psychosomatic Problems and Psychopathic problems.

#### **UNIT - V DIAGNOSIS (3)**

Functions of diagnosis; Diagnostic case Studies; Diagnostic interview; Overview of uses of Psychological tests for clinical purposes.

#### **UNIT - VI DIAGNOSTIC TOOLS (2)**

Intelligence and Personality tests and their diagnostic value.

#### **UNIT - VII PSYCHOTHERAPEUTIC TECHNIQUES (3)**

Psychoanalytic technique; Behaviour therapy; Group therapy and Non-directive therapy.

#### **UNIT - VIII ROLE OF CLINICAL PSYCHOLOGISTS IN DIFFERENT FIELDS (2)**

Mental hospitals; Child Guidance Clinics; Schools and Industries.

#### **UNIT - IX FUTURE OF CLINICAL PSYCHOLOGY, TRAINING AND EDUCATION OF CLINICAL PSYCHOLOGISTS (2)**

#### **UNIT - X CLINICAL PSYCHOLOGY AND PSYCHIATRIC SOCIAL WORK; CLINICAL PSYCHOLOGY AND PSYCHIATRY. (2)**

#### **BOOKS RECOMMENDED:**

1. Fundamental Concepts in Clinical Psychology – Shaffer, G.W. and Lazarus, R.S.
2. Clinical Psychology – Agnihotri, A.N.; Verma, M. and Mishra, J.P.
3. Clinical Psychology – Verma, Rampal Singh

**Part - III**

**SEMESTER – VI**

**Paper – 18 (25 classes)**

**F.M.: 30 (MSE) + 70 (ESE) = 100 Time: 3 Hrs.**

**P. M.: 45**

**Instructions to Question Setter & Examinee**

This paper consists of 10 units and one question is set from each unit. The students will be attempting one question from each unit. In all there will be FIVE questions to be answered.

**COUNSELLING PSYCHOLOGY**

**UNIT - I**

**COUNSELLING PSYCHOLOGY (3)**

Definition, nature and scope, historical development and current status.

**UNIT - II**

**COUNSELLING CHILDREN AND ADOLESCENTS (3)**

Emotionally disturbed, under achievers, slow learners, socially disadvantaged, National Mental Health Programmes and Mental Health Act.

**UNIT - III**

**COUNSELLING IN MARITAL, SEXUAL AND ROLE RELATED PROBLEMS : (3)**

Premarital, marital counselling, identification of sex related problems. Role conflict and counselling.

**UNIT - IV**

**COUNSELLING FOR DRUG ADDICTS, ALCOHOLIC AND ATTEMPTED SUICIDES (2)**

**UNIT - V**

**COUNSELLING FOR THE PHYSICALLY AND MENTALLY HANDICAPPED**

Psychological and vocational evaluation and rehabilitation.

**UNIT - VI**

**COUNSELLING FOR WOMEN'S PROBLEMS (2)**

Identification of Psychological and vocational problems of women, Parental Counselling

**UNIT - VII**

**COUNSELLING FOR TERMINAL DISEASES AND CHRONIC ILLNESS (2)**

Cancer, HIV, AIDS and Leprosy.

**UNIT - VIII**

**COUNSELLING FOR THE AGED (2)**

Identification of Psychosocial problems of old and their counselling.

**UNIT - IX**

**COUNSELLING FOR SPORTSMEN (3)**

Anxiety management, Sport situation and confidence building, attention and concentration.

**UNIT - X**

**COUNSELLING FOR ADMISSION TO FOREIGN EDUCATIONAL INSTITUTIONS, COUNSELLING FOR CAREER IN FOREIGN SERVICES. (3)**

**BOOKS RECOMMENDED:**

1. Clinical Psychology – Agnihotri, A.N.; Verma, M. and Mishra, J.P.
2. Educational Psychology – Arun Kumar Singh.
3. Principles of Guidance – Jones, A.J.
4. Clinical Psychology – Sundbug, N.D.; Tyler, L.E. and Taplin, J.R.

## Part - III

### SEMESTER – VI

#### Paper – 19 (25 classes)

F.M.: 30 (MSE) + 70 (ESE) = 100 Time: 3 Hrs.

P. M.: 45

#### Instructions to Question Setter & Examinee

Ten questions, one from each unit shall be set and the examinees shall be required to answer any five questions. Hindi version of questions to be given.

#### THEORIES OF PERSONALITY

- UNIT - I** (3)  
Nature of personality theories, Historical background of Personality theories
- UNIT - II** (3)  
Criteria of evaluating Personality theories, Basic assumptions over which personality theories differ
- UNIT - III** (3)  
Sigmund Freud's Psychoanalytic theory of Personality, Application of Psychoanalytic theory.
- UNIT - IV** (3)  
Erik Erikson : Psychosocial theory of Personality, A comparative study of Freud and Erikson's theories of Personality.
- UNIT - V** (3)  
Henry Murray : Need theory of Personality, Gordon Allport : Trait theory of Personality.
- UNIT - VI** (2)  
A comparative study of Freud's and Allport's theories of Personality, Kurt Lewin : Field theory of Personality
- UNIT - VII** (2)  
R. B. Cattell: Factor-analytic theory of Personality, Carl Rogers : Phenomenological theory of Personality.
- UNIT - VIII** (2)  
Abraham Maslow: Humanistic theory of Personality, George Kelley : A Cognitive theory of Personality
- UNIT - IX** (2)  
B. F. Skinner: Behaviouristic - Learning theory of Personality, Albert Bandura: Social learning theory of Personality
- UNIT - X** (2)  
Neo-analytic Theories of Personality: Theories of Karen Horney, Erich Fromm and Harry Stack Sullivan.

#### **BOOKS RECOMMENDED:**

1. The Disorganised Personality – Kisker, G.W.
2. Theories of Personality – Hall and Lindsey
3. O;fäÙo dk euksfoKku & v:.k dqekj flag ,oa vk'kh" k dqekj flagA

# Psychology

## Part - III

### SEMESTER – VI

#### Paper – 20 (Practical) (25 classes)

**F.M.: 100 (50+50)**

**P.M.: 45**

#### ***Instructions to Question Setter & Examinee***

Four questions on statistics shall be set by the examiners at the centre of examination and the examinees shall be required to answer any two questions. Viva-voice will be conducted on Field Work

#### **FIELD WORK AND STATISTICS**

- GROUP A** - Field Work (Survey type of research work) **(10)**  
- Submission of Field work Report
- GROUP B** - Statistics (Time : 2½ Hours) **(15)**  
a) Significance of Difference between two means (t – test) : correlated, uncorrelated & matched groups.  
b) Testing Null hypothesis (chi-square test) : 2x2 & 2x3 contingencies.

#### **BOOKS RECOMMENDED:**

1. Experiments and Statistics in Psychology – Sinha, R.R.P. and Mishra, B.K.
2. Experiments in Psychology – Mohsin, S.M.
3. Manovaigyanic Prayog Aur Parikshan – Suleman, M.

**BOOK LIST**

**Fundamental of Psychology**

- 1- IkekU; euksfoKku & flUgk ,oa fejk
- 2- IkekU; euksfoKku & S. K. Mangal
- 3- IkekU; euksfoKku & Tara Chand K. C. Shukla
- 4- IkekU; euksfoKku & K. P. Sandlgr

**Research Method**

- 1- euksfoKku vkSj f'k{kk esa lkaf[;dh & Mk- Mh- ,u JhokLro rFkk Mk- izhfr oekZ
- 2- 'kks/k iz.kkyh foKku & eqgEen lqyseku
- 3- euksfoKku] lekt'kkL= rFkk f'k{kk esa 'kks/k fof/k;kj & v:.k dqekj flag

**Educational Psychology**

1. Educational Psy – S. S. Madhur
2. Educational Psy – Rajendra Kumar Sharma Ramnath Sharma
3. f'k{kk euksfoKku & vydK frokj
4. f'k{kk euksfoKku & eqgEen lqyseku
5. Educational Psy – Dr. Kumar

**Philosophy of Psychology**

1. euksfoKku dk laf{klr bfrgkl & jkeukFk 'kekZ
2. euksfoKku dk laf{klr bfrgkl & J.D. Sharma

PSYCHOLOGY HONOURS

**Social Psychology**

1. Social Psy – R. K. Sharma
2. Social Psy – A. K. Sharma
3. Ckky ,oa lekt euksfoKku & vtheqjZgeku
4. Child Psychology – Ramnath Sharma
5. fodklkRed cky euksfoKku & jkeckys'oj flag
6. vk/kqfud lkekftd euksfoKku & jketh JhokLro

**Pschopathology**

1. euksjksxfoKku & eksgEen lqyseku
2. euksfod` fr foKku & jketh JhokLro

**Psychology and Social issues**

1. Lkekftd leL;k,i % euksoSKkfud fo'ys"k.k & eq- lqyseku

**Organizational Behavior**

1. O.B. Modern Approach by Kumar A
2. O. B. Concepts & Application – Dipak Kumar Bhattachrya
3. LkaxBukRed O;ogkj & eksgEen lqyseku
4. LkaxBukRed O;ogkj & v:.k dq0 flag

**Clinical Psychology**

1. Abnormal Psychology – H.R. Bhatia
2. vk/kqfud uSnkfud euksfoKku & eqgEen lqyseku
3. uSnkfud euksfoKku & 'kkfgn glu

**Counseling Psychology**

1. C.P.- A.S. Sharma
2. Psychology, Counseling and therapeutic practices by Ramesh Chandra
3. C.P. Psy- H. L. Kaila

**Theories of Personality**

1. O;fäRo dk euksfoKku & v:.k dq0 flag ,oa vk'kh" k dq0 flag
2. O;fäRo euksfoKku & chuk JhokLro
3. O;fäRo euksfoKku & e/kq vLFkkuk ,oa fdj.kckyk oekZA